






Activity

# Nature Bingo

1. This game can be played alone or with a friend.
2. Choose one activity per day.
3. Complete 5 activities in a row (a line or diagonal) to win BINGO.
4. Once you have completed 5 activities in a row, continue the activities each day until you fill the entire card.

B	I	N	G	O
 Take a walk outside	 Rake leaves in autumn	 Eat a meal or snack outside	 Pick fruit	 Read under a tree
 Go bird watching	 Practice creative writing outside	 Pick up litter in the park	 Find 5 new sounds in nature	 Meditate outside
 Have a picnic	 Find a spot in nature and draw what you see	 Play soccer with a friend	 Create a mandala in nature	 Choose a color and find it in nature
 Plant seeds	 Go rollerblading or skating	 Write a journal outside	 Lay in the grass and watch the clouds	 Do a nature photoshoot
 Watch a sunrise or sunset	 Drink a hot chocolate outside	 Play in the snow	 Observe the moon and the stars	 Practice a sport